

We acknowledge the Dharawal people, traditional owners and custodians of this place. They are part of the world's oldest living human culture, deserving of our deepest respect. May we walk gently on this land.



ST MARY'S TOWERS
415 Douglas Park Dr
PO Box 19A
DOUGLAS PARK 2569
Fr Michael Sims MSC
Phone: 4630 0200

Website: <http://towersretreat.abundance.org.au>

MARRIAGES and BAPTISMS
by appointment

SUNDAY MASSES in the Church

9am each Sunday
6pm every 1st Sunday [at Menangle]
5pm every 3rd Sunday for
Youth/Young families

WEEKDAY MASS/PRAYER
in Jenkins Chapel

Monday: 5pm Prayer; 5.15pm Mass
Tues-Sat: 7am Prayer; 7.15am Mass
ALL WELCOME

TODAY WE CELEBRATE:
5th SUNDAY OF LENT YEAR C:
21 MARCH, 2010

Have you ever been too hasty in your judgment and condemnation of others?

Have you had the experience of being unconditionally loved and accepted by another?

Who are those people in your life who you love and accept unconditionally?

PROJECT COMPASSION BOXES AVAILABLE AT BACK OF CHURCH - PLEASE GIVE GENEROUSLY



FIFTH SUNDAY OF LENT

God calls us not only to life, but life to the full. This week's Project Compassion story introduces us to Teresa from El Salvador, who lives in one of El Salvador's most impoverished communities. Teresa and her youngest of four sons, are living with HIV.

They are supported by Caritas Australia who fund a preventive education and accompaniment program that aims to halt the spread of HIV/AIDS and support those living with and affected by it. Your Project Compassion donation enables Caritas Australia to continue to address the physical and emotional wellbeing of people like Teresa who are suffering from HIV/AIDS and give them access to improved health as well as promote their confidence and self esteem.

EASTER LITURGIES:

Mar 28	9.00am	Passion [Palm] Sunday	Blessing and distribution of palms
Apr 01	7.00pm	HOLY THURSDAY	Washing of the Feet
Apr 02	11.00am 3.00pm	GOOD FRIDAY	Stations of the Cross Passion of the Lord
Apr 03	7.00pm	HOLY SATURDAY	Easter Vigil
Apr 04	9.00am	EASTER SUNDAY	Mass

REMEMBER: bring cans/ perishable goods for ST VdP; a plate to share after Easter Vigil, and flowers for Easter Vigil and Easter Sunday

DID YOU KNOW?

Pilgrims who came to Jerusalem for the great festivals and who could not find lodging in the city often stayed the night on the Mount of Olives, just outside the city gates. On the Mount of Olives is a garden area called Gethsemane which means 'oil press' in Hebrew. The Mount of Olives offered a spectacular view across the temple.

WE PRAY FOR THE SICK...

Todd McRae, Sue Gay, Christine Sullivan, Trish Coleman, Peter Naughton, Doug Moseley [Heather's brother-in-law] Bill Penn, Frank Dineen msc, Elisa Dal Pozzo.

WHAT IS DOING PENANCE ALL ABOUT? Explanatory leaflets at back of church.

A LENTEN GROUP is being held each Wednesday, 7.30-8.30pm in the RETREAT HOUSE. We are following the excellent program prepared by the Australian Bishops' Conference. Visit their website: www.thereflection.vividas.com, and if you can't join the group, the programme is worthwhile doing at home too.

A LENTEN SELF-EXAMIN:

Did I help lift someone's spirits today?

Is anybody happier because I passed this way?

Does anybody remember that I spoke to him/her today?

Is a single heart rejoicing over what I did or said?

Does a person whose hopes were fading, now with courage look ahead?

Did I waste the day or lose it? Was it well or poorly spent?

Did I leave a trail of kindness or a scar of discontent?

CONFIRMATION...

If there is anyone interested in making their Confirmation this year, please see Trish Smith.