

A Special Place of Silence

St. Mary's Towers is steeped in a spirituality of the heart, a spirituality of the Missionaries of the Sacred Heart. All retreats are held in an atmosphere of silence to nourish and support prayer and healing. We offer a variety of retreat experiences throughout the year as well as day visits for individuals and groups. Retreats can be tailored to individual circumstances. Our Retreat Team is available during retreats and for ongoing direction.



Retreat Team

Ms Michelle Vass, Director
Sr Pauline Compton fdnsc
Fr Michael Fallon msc
Fr Dominic Gleeson msc
Fr Stephen Dives msc Part-time
Fr Terry Naughton msc Part-time

2018 Tariffs:

Cost per day:	\$107.00
Prayer weekend:	\$214.00
6 day retreat:	\$642.00
8 day retreat:	\$856.00
9 day retreat:	\$963.00
30 day retreat:	\$3424.00
40 day retreat:	\$4280.00
Brown corridor rooms:	\$90.00 per day

Tariffs are all inclusive, and negotiable with the Director. A non-refundable deposit of \$30 for retreats of 9 days or less, or \$150 for longer retreats, is required to confirm your booking. Where possible, online payment in advance is appreciated. Please see the website for details.

Missionaries of the Sacred Heart
St Mary's Towers Retreat Centre

415 Douglas Park Drive
Douglas Park NSW 2569

Phone: (02) 46300233

Email:

towersretreat@bigpond.com

Website:

towersretreat.abundance.org.au

Fax: (02) 46309364



St Mary's Towers
Retreat Centre
Douglas Park Australia

2018 Program



To be on Earth
the Heart of God

2018 PROGRAM

* Indicates Prayer Weekend available

30 & 40 day retreats offer the choice of:

- Life's Journey Experience
- The Spiritual Exercises of St Ignatius
- Praying with the Mystics

30 Day Retreat 28 Dec 2017 to 30 Jan 2018

January	30 - 7	Contemplating the Mystery <i>Retreat Team</i>
	9 - 18	Life's Healing Journey <i>Retreat Team</i>
	20 - 28	Directed Retreat <i>Retreat Team</i>

FEBRUARY - CLOSED

March	2 - 8	The Gift of Ageing* <i>Kerin Caldwell sgs</i>
	9 - 15	"Take your seat on a high place and watch: Mindfulness Practice" <i>Chris Chaplin msc</i>

40 Day Easter Retreat 23 March to 3 May

March	25 - 1	Easter Guided Retreat <i>Retreat Team</i>
April	3 - 11	Mark's Gospel <i>Michael Fallon msc</i>
	13 - 21	Walking with Jesus – Resurrection Life* <i>Michelle Vass</i>
May	23 - 1	Directed Retreat <i>Retreat Team</i>
	11 - 17	The Book of Jeremiah* <i>Michael Fallon msc</i>
	18 - 26	Praying with Julian of Norwich* <i>Pauline Compton fdnsc & Michelle Vass</i>

June	1 - 7	I hold you, I see you* <i>Dominic Gleeson msc</i>
	8 - 16	Praying the Psalms (Pt1, Ps1-50) <i>Michael Fallon msc</i>
	22 - 28	Living Silence - Everyday Contemplation <i>Michelle Vass</i>
July	29 - 1	Men's Retreat
	3 - 11	Genesis: The story of creation, our beginnings and the patriarchs <i>Michael Fallon msc</i>

30 Day Retreat 3 August to 3 September

August	4 - 12	Entering the Mystery of Contemplation with Teresa and John * <i>Michelle Vass & Michael Fallon msc</i>
	14 - 23	Life's Healing Journey <i>Retreat Team</i>
	25 - 2	Directed Retreat <i>Retreat Team</i>

September	17 - 20	Living into Death, Dying into Life. <i>Therese Compton, Michael Fallon msc & Michelle Vass</i>
	21 - 27	Ecospirituality* <i>Steve Dives</i>
October	5 - 11	Eckhart & the Beguine Mystics* <i>Michelle Vass</i>
	12 - 18	The Art of Film* <i>Dominic Gleeson msc</i>
November	26 - 1	The New Testament and the Quran * <i>Michael Fallon msc</i>
	2 - 8	Compulsion & Our Path with The Divine <i>Chris Chaplin msc</i>
	16 - 22	Praying our Life - Mind, Heart and Body* <i>Michelle Vass & Lou Nulley</i>
	23 - 25	Women's Retreat - Praying with Julian of Norwich <i>Pauline Compton fdnsc & Michelle Vass</i>
December	30 - 6	Advent Retreat – Blessed be our longing... * <i>Retreat Team</i>
	7 - 15	Directed Retreat <i>Retreat Team</i>

30 Day Retreat 29 Dec 2018 to 31 Jan 2019

January	31-8	"Come to me and find rest for your soul" <i>Retreat Team</i>
	10-19	Life's Healing Journey <i>Retreat Team</i>
	21-29	Directed Retreat <i>Retreat Team</i>