

Cost 2017: \$612.00 for the six-day retreat  
\$30.00 deposit confirms the booking.

All tariffs are negotiable

**BY CAR:**

**From SYDNEY:**

*By M5/F5, 22 K past Campbelltown,  
take exit 88.*

*Turn left towards Wollongong. After 3km  
turn left at the WILTON/ALMOND ST sign.*

*Then right at the APPIN sign.(Argyle St.)*

*After 3km turn left into DOUGLAS PARK  
DR.*

*The Centre is 4km down on the left.*

**From CANBERRA:**

*Leave the F5 at exit 88.*

*Turn right and cross over the freeway.*

*Follow the directions as above.*

**From WOLLONGONG:**

*Come up Mt Ousley Rd.*

*Turn left into PICTON Rd*

*After 20km turn right at the MACARTHUR  
DR. sign to Douglas Park.*

*At the T junction turn right and then left  
into Douglas Park Drive.*

*The Centre is 4km down on the left.*

Application Forms available from:

The Administrator

St Mary's Towers Retreat Centre

PO Box 19A

Douglas Park 2569

Ph. 02 4630 0233

Fax 02 4630 9364

Email: [towersretreat@bigpond.com](mailto:towersretreat@bigpond.com)

Web site:

<http://towersretreat.abundance.org.au>



Retreat Presenters

St Mary's Towers retreat team

*God enfolding us in love*



*St. Mary's Towers  
Guided retreat*

*13<sup>th</sup> October – 19<sup>th</sup> October, 2017*



*Entering a time of retreat, we begin with deep faith and generosity; faith that God wants to communicate very personally with us; generosity to be totally open to God moving within us, regardless of where we have been in life, no matter how closed we may have been in the past.*

*We will be pondering the times in our lives when we have experienced God being absent but at the same time being present. What of my times of shadow and brightness, times of confusion and peace?*

*Let God be.....*

*The story of my life.....as God tells it!  
A focus for our prayer can be that God may reveal to us the where we are, the how we are and who we are.*

*We will be reflecting on select scripture passages and exploring just how, for instance, in St. Paul's letter to the Ephesians, we belong God and how we can live in the light of this truth which can bring much joy to our lives and much needed peace and harmony. We will also be visiting some themes from the 30 day spiritual exercises of St. Ignatius of Loyola.*

*This guided retreat will be 'time-out' to explore the possibilities of living a new life in the Trinity of love, allowing God, in our prayer, to reveal to us just **how God is experiencing** the experience of my life. The love with which God desires to 'be' in, through and with us through the varied circumstances of our daily lives.*



*There will be a morning reflection each day and the opportunity to share with a spiritual companion.*

